

**Rink Side Ice Arena Eleventh Annual
Ice Skating Institute Competition**

The Summer Chiller

Saturday July 31st



facebook

- **Registrations due by Friday July 31, 2010.**
- **NEW!!! Hockey events for age 3-12.**
- **NEW!!! Hockey obstacle course and Hockey Skills events this year!**
- **NEW!!! Open Freestyle Events. Great for USFS skaters!
See attachment!**
- **Tot events will be offered for Tots ages 3 – 5.**
- **Pre-Alpha through Freestyle 6 events will be offered for skaters ages 3 – adult.**
- **Spin/Edge events will be offered for all freestyle levels.**
- **All skaters will receive a super-stuffed goody bag.**
- **All groups will have five or less to ensure that everyone wins an award!!!**
- **Any current ISI individual member is eligible to register for our competition.**

ISI Endorsement # 1-1527-2010

Rink Side Ice Arena 847-856-1064 ext. 302
The Summer Chiller Sat. July 31st, 2010 Registrations Due July 2nd

Name: _____ Age as of July 31, 2010: _____ Sex: M F
 Street Address: _____ E-Mail Address: _____
 City: _____ State: _____ Zip: _____
 Home Phone: _____ ISI #: _____ Rink Representing: _____
 Highest test passed as of 7/02/10: _____ Birth date: _____

Please mark with an X each of the events you would like to enter.

- | | |
|--|--|
| <input type="checkbox"/> Special Skater Compulsories I or II | <input type="checkbox"/> FS 1 Compulsories |
| <input type="checkbox"/> Special Skater Solo I or II | <input type="checkbox"/> FS 1 Music Interpretation |
| <input type="checkbox"/> Special Skater Racing I or II | <input type="checkbox"/> FS 1 Solo |
| | <input type="checkbox"/> FS 1 Spins |
| <input type="checkbox"/> Beginner Tot Racing | <input type="checkbox"/> FS 2 Compulsories |
| <input type="checkbox"/> Beginner Tot Compulsories | <input type="checkbox"/> FS 2 Music Interpretation |
| <input type="checkbox"/> Beginner Tot Solo | <input type="checkbox"/> FS 2 Solo |
| | <input type="checkbox"/> FS 2 Spins |
| <input type="checkbox"/> Advanced Tot Racing | <input type="checkbox"/> FS 3 Compulsories |
| <input type="checkbox"/> Advanced Tot Compulsories | <input type="checkbox"/> FS 3 Music Interpretation |
| <input type="checkbox"/> Advanced Tot Solo | <input type="checkbox"/> FS 3 Solo |
| | <input type="checkbox"/> FS 3 Spins |
| <input type="checkbox"/> Pre Alpha Compulsories | <input type="checkbox"/> FS 4 Compulsories |
| <input type="checkbox"/> Pre Alpha Solo | <input type="checkbox"/> FS 4 Music Interpretation |
| | <input type="checkbox"/> FS 4 Solo |
| <input type="checkbox"/> Alpha Compulsories | <input type="checkbox"/> FS 4 Spins |
| <input type="checkbox"/> Alpha Solo | |
| <input type="checkbox"/> Alpha Stroking | <input type="checkbox"/> FS 5 Compulsories |
| | <input type="checkbox"/> FS 5 Music Interpretation |
| <input type="checkbox"/> Beta Compulsories | <input type="checkbox"/> FS 5 Solo |
| <input type="checkbox"/> Beta Solo | <input type="checkbox"/> FS 5 Spins |
| <input type="checkbox"/> Beta Stroking | |
| <input type="checkbox"/> Gamma Compulsories | |
| <input type="checkbox"/> Gamma Solo | |
| <input type="checkbox"/> Gamma Stroking | |
| <input type="checkbox"/> Delta Compulsories | |
| <input type="checkbox"/> Delta Solo | |
| <input type="checkbox"/> Delta Stroking | |
| <input type="checkbox"/> Hockey Skills /Compulsories | |
| <input type="checkbox"/> Hockey Racing | |

OPEN EVENTS!!!

BRONZE

SILVER

GOLD

PLATINUM

**SIGN THE BACK OF
THIS FORM!!!**

Are you an active USFS member who has competed at or above the Novice level at any USFS National Championships within the last two years?

- Yes
 No

| | |
|---|--------------------------|
| Single Entry (only event) | \$50.00 |
| Each Additional Event (several events) | \$25.00 |
| First Family Member (only event) | \$50.00 (Child A) |
| Additional Family Member (only event) | \$30.00 (Child B) |
| Each Additional Event (several events) | \$25.00 |
| Tot Racing (only event) | \$30.00 |
| Hockey Skills Events | \$30.00 |

Make Checks Payable to: Rink Side
6152-West Grand Avenue Gurnee, IL 60031
Attention: Janel Wamboldt
Entries must be received no later than July 2nd, 2010
ABSOLUTELY NO REFUNDS!

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Saturday July 31st, 2010

Events To Be Offered...new this year...HOCKEY and OPEN FS!

Competitors list their age as of August 2, 2010. Depending on actual registration we reserve the right to divide or combine the age groups. The maximum number of skaters allowed in each group is five. This ensures that everyone will win an award. In most events, females will not compete against males. In an event where there is only one entry, the skater will compete "against the book" and place according to the rules of the ISI standards.

Our arena is 200' x 85' with rounded corners.

Competition Rules

The competition will be conducted in accordance with the guidelines established in the latest version of the *ISI Handbook* along with the 2010 Rule Revisions.

All checks should be mailed to Rink Side Ice Arena – 6152 West Grand Avenue (at Gurnee Mills) Gurnee, IL 60031. Mailed entries must be accompanied by check or money order. Cash, check and credit card payments can be made, in person, at Rink Side, in the Guest Services Office.

Entries should arrive (postmarked or delivered in person) no later than Friday July 2nd, 2010

There will be NO REFUNDS ISSUED!!!



Eligibility

All skaters entering the competition must be individual members of and registered with the ISI. All entrants must be registered to their highest test passed with ISI on or before July 2nd, 2010. Members of USFSA, must be a current ISI member, must test and must be registered in events they wish to compete. Pre-Preliminary may compete no lower than Freestyle 3; Preliminary and Pre-Juvenile may compete no lower than Freestyle 4; Juvenile may compete no lower than Freestyle 6. Intermediate may compete no lower than Freestyle 6.

Registration and Music Check in (At Registration Table)

All skaters must register **one hour prior** to their event and must turn in their music (if applicable) at that time. **Cassette tapes** or **Compact Discs** and should be properly labeled with skater's name, home rink, event division, and age on the side to be played. Tapes should be rewound and ready to be played with no more than a 10-second lead. Only one event per tape/CD is allowed. Skaters should always have a second, spare copy of their music. Competitors may retrieve their tapes/CD from the registration table after their event. Four **unsupervised** locker rooms will be available and open for the skaters' use.

Awards 1st – 5th place

Awards will be given to the first through fifth places for all events. All groups will have only five or less skaters to guarantee that every skater will receive an award. **This is to encourage competitive skating and to have a fun, positive experience.**

Tot and Pre Alpha Events (Racing, Solo, Compulsories)

Tot events are open to skaters who are age 2-5 as of July 2nd, 2010. **Special Skater I and II** events are open to *Special Skaters* of all ages. **A coach may accompany the Tots and Special Skaters as they compete.** The Solo event for Tots & Pre Alpha is to be skated to music. Timing begins with any action after the music starts. Please read below for the required maneuvers. **No maneuvers from Freestyle 1 are necessary. The judging will stop after one minute and 10 seconds.**

****A Beginner Tot skater and Special Skater I** will be required to perform the following required Elements in their solo.

Falling down and getting up
March in place
Marching forward
Two-foot dip.

****An Advanced Tot skater** will be required to perform the following required elements in their solo:

Two-foot Hop
Two-foot glide
One-foot glide (right and left foot) (glide must be held a distance equal to the skater's height.)
Forward swizzles (3 in a row)
Backward swizzles (3 in a row)

****A Pre Alpha skater** and **Special Skater II** will be required to perform the following required elements in their solo:

Two-foot Hop (bunny hop)
Two-foot glide
One-foot glide (right and left foot) (glide must be held a distance equal to the skater's height.)
Forward swizzles (3 in a row)
Backward swizzles (3 in a row)
Backward wiggles
These skaters **ARE** permitted to stop with no penalty.

Hockey, Tots and Pre Alpha Racing

Tot racing will be done on the full ice surface. Cones will be placed on the ice in the form of an oval. All racers will have a number pinned to their back. They will start on the Red Line. They will race one full lap around the arena, and then use the Red Line as their finish line. The skaters will place according to the order they finish in the race. Hockey Compulsory skills will also be offered. All participants must be a current ISI Individual member and have tests registered for their appropriate levels.

Forward Stroking

Stroking events will be done on the full ice surface in both directions. Cones will be placed on the ice in the form of an oval. Skaters will be grouped by age and ability level. All skaters will have a number pinned to their back. They will start stroking (in both directions) at the Red Line and will continue until the judges stop them. Background music will be played. **Correct positions and good stroking technique will be the focus for this event.**

Performance Rules

Please review the current ISI handbook.

1. All routines must start from a stationary position. **The timing of the routine will begin with any action after the music starts.**
2. There will be a ten second leeway over the prescribed time on programs. Judging will stop at ten seconds over the prescribed time. The appropriate penalties will be applied. There is no penalty for skating under the prescribed time.
3. There will be a **four or a five-minute warm-up time** before each event.
4. Alpha – Delta skaters must include one additional maneuver from Freestyle I in their one-minute program.
5. In Beta, the foot crossing over must be lifted off of the ice. Cutbacks do not meet test requirements.
6. In Gamma, 7-step combination is required on all Mohawks.
7. For Delta and Freestyle I the edges must be done in consecutive outside – outside and inside – inside. The lunge must be done in a straight line completed with a one-foot glide.
8. Skaters in Freestyle levels are not permitted nor required to perform an additional maneuver from a higher level.
9. For freestyle VI, the new jump sequence is axel/half loop/flip.
10. All dance-step sequences are mandatory patterns. Freestyle 2 and 3 may be performed in either direction. Please refer to the diagrams and descriptions in the back of the ISI handbook for more details.
11. Not all uncaptured maneuvers are legal for all levels of competition. The penalty grade for performing an uncaptured maneuver at the wrong level will be the grade of 2.0 on the judges' sheets under extra content.
12. When competing against the book the skater must earn 80% of the total possible points in order to place first.
13. If the wrong music is played, the skater should stop to notify the referee within 20 seconds. The skater may then reskate. Any other reskate requests will be handled by the competition director, and, if granted, will be skated within a few minutes.
14. Skaters will be limited to 3 attempts per maneuver during his/her program. The best attempt will be judged. If the skater attempts a maneuver a 4th time it will not be judged.

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Compulsories and Spins

Maneuvers will not be called out and no music will be used. You may not exceed the time limit stated. In the compulsory & spin events three pre-selected maneuvers are to be performed, **one time, in any order**, in a pre-choreographed program with a minimum amount of connecting steps between each maneuver. Only the first attempt of each of the three pre-selected maneuvers is judged. The following competition penalties will apply for this event: Performing an incorrect maneuver (not one of the previously chosen maneuvers) Score given: 0, Two attempts at an element, Score given: 0.

For compulsories

Tot through Delta and Hockey will use **HALF** ice.

Note: There is no penalty for the quantity of swizzles, strokes or crossovers performed at the Tot-Beta levels. Only the quality of these maneuvers is judged.

Freestyle I – and up will use **FULL** ice.

For spins

All levels will use **FULL** ice.

Half Ice Compulsories Events (one minute time limit)

Beginner Tot

Fall down and get up
Marching forward
Two-foot hop

Pre Alpha

One-foot glide (*on left foot*)
Backward swizzles (*3 in a row*)
Forward dip

Beta

Left foot T-Stop
Backward Stroking
Backward crossover (*right over left*)

Delta

Forward Lunge
Right foot inside three-turn
Forward inside edge rolls (4)

Advanced Tot

One-foot Glide (*on left foot*)
Backward swizzles (*3 in a row*)
Two-foot hop

Alpha

Forward Stroking
Forward Crossover (*right over left*)
Snowplow stop

Gamma

Hockey Stop
left Outside Three Turn
Left Inside Mohawk Combination
(*7-step Mohawk combination is Required*)

Hockey Skills

Six Forward Left over Right
crossovers on a circle
Six Back "C" pushes alternating
feet
Forward puck push from goal line to
blue line

Full Ice Compulsories Events (one minute time limit)

Freestyle I

Half Flip
Two-foot spin
Forward spiral

Freestyle II

One-half lutz
One-foot spin
Ballet jump

Freestyle III

Salchow jump
Change-foot spin
Toe loop or Toe Walley jump

Freestyle IV

Half Loop Jump
Sit Spin
Flip jump

Freestyle V

Lutz jump
Camel Spin
Axel jump

Freestyle VI

Double Salchow jump
Combination spin
Split jump

FULL ICE Spin/Edge Events One and one half minutes

Freestyle I

Forward pivot
Two foot spin
Forward Rt. & Lt. Foot Spirals *Pre-Pre MIF*

Freestyle IV

Forward scratch spin (8 revs. Min)
Sit spin
Rt & Lt forward power pulls *Pre JuvMIF*

Freestyle II

Two foot spin
One foot spin
Back Crossovers to Back Edges *Pre MIF*

Freestyle V

Back entry sit spin (8 revs. Min)
Forward Camel/ Forward sit/ back scratch
Eight Step Mohawk *Juvenile MIF*

Freestyle III

Forward scratch spin
Change foot spin
Forward Power Threes *Pre MIF*

Freestyle VI

Layback (8 revs. Min)
Forward Camel/ Forward layback/ back sit
Inside Slide Chasse *Int MIF*

Solo Program Length

| | | |
|--------------|---------------------------------------|--|
| | Tot - Delta | 1 minute program length |
| <u>NEW!!</u> | Freestyle I – III Open Bronze Test | 1 ½ minute program length 2 minute program length |
| <u>NEW!!</u> | Freestyle IV – V Open Silver Test | 2 minute program length 2 minute program length |
| <u>NEW!!</u> | Freestyle VI Open Gold Test | 2 ½ minute program length 3 minute program length |

Location...

Rink Side Ice Arena is located at Gurnee Mills Shopping Center, one of the largest shopping centers in the US. We are ½ mile from Six Flags Great America and Water Park. We are 1 mile from Key Lime Cove Hotel and Water Park. Gurnee Mills Shopping Center is located at Interstate 94 at Highway 132 (Grand Avenue) in Gurnee, IL. The Guest Services Office is open Monday – Sunday to accept competition applications.

For exact hours or for any competition questions please call

Guest Services (847) 856-1064 ext. 302

Janel Wamboldt – Skating Director (847) 856-1064 ext. 236.

JWAMBOLDT@TILT.COM

Reminders ...

- Each skater must be an individual member of ISI. All skater tests must be registered with ISI. Applications are available in the ice arena office and on our website.
- All applications must be mailed or turned in to the office
By **Friday July 2nd, 2010.**
- There will be absolutely **NO** refunds!

Competition Waiver

I skate at this competition at my own risk for _____ (rink).

_____ **Skater's Signature**

I declare that the above information is true and correct and this skater is an individual member of the ISI.

_____ **Coach's Signature**

_____ **Coach's ISI Number**

The undersigned does hereby agree to waive and release all claims on the behalf of the above registered participant against Rink Side Sports, their employees, directors, coaches and volunteers from responsibility for personal injuries while participating in Rink Side Sports programs.

_____ **Parent's signature**

_____ **Participant's Signature**
(if over 18 years old)