

Youth Hockey League Program and Game Play

September thru March

HOUSE LEAGUE

Ages 4-17 welcome

- Rink Side operated... We are now in our 10th year!!!
- Well-established and professionally run
- Balanced playing time with better and more times for 2008 -2009!
- Includes game jersey and socks organized to arrive sooner this year
- Rink Side house league are members of the *North Shore House League*.
- USA/AHAI registered league
- Participation awards
- One FREE Stick Time Session
- One FREE Public Session
- Get 50% off any Learn to Play Hockey Class registration all year long.

September thru March

TRAVEL HOCKEY LEAGUE PARTNERSHIP

Ages 4-17 welcome

- *Lake County Atoms* operated organization
- All teams participate in the *Northern Illinois Travel League* (NIHL)
- Teams participate at Gold, Silver, or Bronze Level
- Teams participate in tournaments throughout the season.
- Atoms will host two tournaments per year at Rink Side.
- Game jersey and socks are included
- Conditioning clinics are included

March thru June

SPRING HOCKEY LEAGUE

- *Lake County Atoms* & Rink Side operated programs
- Evaluations begin in early March
- Games will run through the first week of June.
- Check out the ATOMS website at www.atomshockey.org for more information.
- Rink Side Spring Cross Ice Clinics

June thru August

SUMMER CROSS (3 on 3) ICE HOCKEY PROGRAM

- Rink Side operated organization
- Part instruction part “old-time pond hockey”
- Great way to work on skating, stick handling, shooting, and creativity in a FUN setting.
- Each session begins with skills instruction from a Rink Side Hockey Pro. After that, a puck will be dropped and the kids experience the joy of the game.
- Cross-ice game and practice on Monday and Thursday evenings.
- Participation awards

Rink Side Hockey Classes & Clinics

Year Round

LEARN TO PLAY HOCKEY CLASSES

Ages 2-17 welcome

- Rink Side is the proud winner of the 2007 ISI District Merit Award for the most outstanding skating programs in the Chicago/Milwaukee area.
- Rink Side operates year round programs under the guidelines of the Ice Skating Institute and USA Hockey.
- Skaters learn the fundamentals of skating and beginner hockey skills
Instruction by a certified Rink Side Staff Professional
- 30-40 minute sessions one time per week
- Registration takes place in the Guest Services Office

HOCKEY POWER STROKING CLASS DEVELOPMENTAL SKILLS CLINIC SKATING SKILLS FOR HOCKEY PLAYERS

Ages 4-17 welcome

- Rink Side operated year round program.
- Classes are designed to condition beginner hockey players for the Rink Side Youth Hockey League
- Instruction by certified instructors
- 40 minute sessions one time per week
- Developmental Skills Clinic held on Friday evenings
- Hockey Power Saturday mornings.
- Alpha-Delta skating skills for hockey players on Monday nights.
- Take 50% off these classes if you are in the RSYHL. Take an additional \$30 off when you register for two or more.

Year Round

STICK TIMES

- All ages welcome, full equipment required.
- Private lessons are available but organized games are prohibited
- Designed to work on individual skills
- Check the www.rink-side.com for times.

Year Round

PICK UP HOCKEY

- Must be 18 to participate. Full gear is required
- Designed to work on individual skills
- Some game play
- Check the www.rink-side.com for times.

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Feel free to contact one of us at any time to answer your questions.



Special Programs for '08-'09

BBQ

All Youth League Players, Minor Mite players
and Girls...

Come to the free informational BBQ. Sat. Aug. 9th

Bring the family...eat and skate for free!

Free Food 12:30 – 2:30 pm

Free Skating 1:00 pm – 3:30 pm

Guest Services Hours 8am – 4pm

Save \$50.00 if you register on or before August 9th.

Discounts

Special discounts are available for “early bird” payments...
watch for details on all programs

Take an additional **50% off** any Hockey Classes all year
round if you are registered for the RSYHL

Take an additional **\$30.00 off** if you are registered for any two
of the following classes at the same time:

Developmental Skills Clinic ~ Friday Nights

Hockey Power Class ~ Saturday Mornings

Skating Skills for Hockey Players ~ Monday Nights

ATOMS *Fright On Ice*

Hockey Tournament

Oct. 30th – Nov. 3rd at Rink Side