

# RINK SIDE LEARN TO SKATE / LEARN TO PLAY HOCKEY PROGRAM

## Upcoming Class Sessions/Info

### Classes Running After this session...

Term II Fall 9/20 – 10/17  
Term III Winter 10/18 – 12/19

### Halloween & Costume Party

October 30<sup>th</sup> 2:15 – 4:00 pm

### Snowflake LTS Clinics

Special one-time clinics offered every day of Winter Break. No regular classes run that week 12/20 – 1/2

## Things to Know:

- All skaters are allowed to make up one missed class per session!
- There will be no refunds on any class!
- Gloves or mittens are a must!!!
- Absolutely no double blades allowed!
- Vinyl skates are discouraged!
- Loose fitting clothing such as warm-up suits, sweat clothing, lightweight jackets and skating dresses are appropriate.
- Denim jeans are discouraged.
- Skates fit best when worn with one pair of thin socks or nylons.
- A knit hat or bicycle helmet may be worn for safety. Rentals available for \$5.
- The gate entrance to the mall opens at 11:00 am M-F, and 10:00 am on Sat. Please use parking lot entrance H to enter the Mall. Use our own private entrance to enter the Ice arena.

## Standards & Evaluations

Our goal is to teach the basic skills of figure skating and hockey in accordance with the standards of the Ice Skating Institute (ISI). We will create a learning environment that motivates skaters to learn in a semi-aggressive class setting that promotes proper skating techniques. ISI has established a system that we will use to evaluate the skaters. Our main goal is for every skater to correctly learn each skill introduced in their level before they move on to the next. We will encourage skaters to move through the program at a rate that allows them to truly master each skill. Skaters will need to practice outside of their lesson at least once a week. Good class attendance and practice habits will help skaters as they attempt to pass their evaluation at the end of the term.

## Fall Public Skating Schedule

### Monday-Friday Mid-days:

11:00 am – 2:00pm

### Monday, Wednesday and Friday Mornings

9:30 am – 10:50 am *Gurnee Residents Pay only \$3.00*

### Wednesday Evenings:

5:30 pm – 7:00 pm

### Friday Evenings:

7:10 pm – 8:50 pm (Cosmic Lights)

### Saturday Afternoons and Evenings:

12:15 pm – 2:00 pm

2:15 pm – 4:00 pm

### Sunday Afternoons:

1:00 pm – 3:00 pm

Children (under 12)	\$4.00 (VIP member)	\$5.00 (Regular)
Adults	\$5.00 (VIP member)	\$6.00 (Regular)
Skate Rental	\$5.00 (VIP member)	\$5.00 (Regular)
Helmet Rental	\$5.00 (VIP member)	\$5.00 (Regular)

*Always check our website. Times are subject to change. Additional times are sometimes available!*

## Freestyle (FS) Sessions

FS practice sessions are offered at various times throughout the week. FS schedules are available in the building and on our website at [www.rink-side.com](http://www.rink-side.com). Freestyle practice sessions are sold in specific 30 min, 45 min, 50 min and 60 min blocks. Become a **Gold VIP Member Card** holder and get discounts on freestyle sessions.

For details on buying a FS session please stop in the *Guest Services Office* or see a staff professional.

## Private Lessons

Private lessons are recommended for any **figure skater** or **hockey player** who wishes to complement their group lesson. A private lesson may be beneficial to a skater who is having a difficult time with a particular skill.

Private lessons can also help with the overall progress of a skater.

**Private lesson request forms are located In the Guest Services Office.**

## Stick Time (all ages) & Pick-Up Hockey (18 & over)

Check [www.rink-side.com](http://www.rink-side.com) The schedules are updated regularly. **Take \$1.00 off with a VIP Card!**

Full protective gear is required!

## LEARN TO PLAY HOCKEY

We have new helmets! Only \$5.00 to rent a helmet for class!  
We have new skates! Only \$3.00 to rent skates for class!

### Instructional Hockey Levels

#### **Tot Hockey Classes Age 3-7**

- Dyna Mites:** Age 3 – 7. Beginning hockey skills will be taught. **Needs a helmet with facemask, hockey gloves and a stick will be used.**  
**Prerequisite – Adv. Tot or Pre Alpha**
- Mini Mites:** Age 3 – 7. Skating and hockey skills will be taught. **Needs a helmet with facemask, hockey gloves and a stick.**  
**Prerequisite – Dyna Mites**
- Mighty Mites:** Age 3 – 7. Advanced skating and hockey skills will be taught. **Needs a helmet with facemask, hockey gloves, a stick, elbow pads and shin guards.** **Prerequisite – Mini Mites**

#### **Youth Hockey Classes Age 8-12**

- Hockey 1:** Age 8 – 12. This class is an introduction to hockey. The focus is on hockey skating skills.  
**A stick is required**  
**Prerequisite - Pre Alpha**
- Hockey 2:** Age 8 – 12. More hockey skating skills will be introduced. **Needs a helmet with facemask, hockey gloves and a stick.**  
**Prerequisite – Hockey 1**
- Hockey 3:** Age 8 – 12. Advanced hockey skating skills will be introduced. **Needs a helmet with facemask, hockey gloves, a stick, elbow pads and shin guards.** **Prerequisite – Hockey 2**

#### **Monday Hockey Skills Clinic Full Equipment Required!!!** 7:05 – 7:50 pm

*Focus is on developments of all the fundamental hockey skills needed to improve your game as a player. Instructed by coaches known for skills development including Michael Hernbrott, Rich Kuzmeski, Jim Meyer and other high-level, guest hockey coaches known for developing players' skills.*

#### **Friday Developmental Skills Clinic Full Equipment Required!!!** 5:10 pm – 5:50 pm

*For new and semi-experienced skaters who have played little or no organized ice hockey and have completed some of our Learn To Skate/Learn to Play Hockey classes. This class will prepare skaters for the Maulers Youth Hockey League. Lead by Illinois Hall of Fame Coach Paul Hruby along with various professional staff coaches.*

**Mauler Members pay (only 50%) \$10.00 per class  
(registered ahead of time)**

**Non-Maulers pay \$20.00 per class (registered ahead of time)**

**Walk-On Day Of Pricing is \$22.00 per class**

## LEARN TO SKATE

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### Instructional Skating Levels

#### **Tot Skating Classes Age 2-5**

- Parent & Tot Skating:** Age 2 – 5. Basic skating skills will be taught along with a skating parent. No Prerequisite.
- Beginner Tot:** Age 3 – 5 who has never had any skating lessons. No Prerequisite.
- Advanced Tot:** Age 3 – 5 who has successfully completed Beginner Tot.

#### **Beginner Classes**

- Special Skater:** All ages welcome. This class is designed to assist kids (with special needs) who would like to learn how to skate. No Prerequisite.
- Pre – Alpha:** Age 6 – 12 who has never had any skating lessons or a 3-5 year old who has already passed Adv. Tot.
- Alpha:** Any age who has successfully completed Advanced Tot or Pre – Alpha.
- Beta:** Any age who has successfully completed Alpha.
- Teen/Adult:** For all skaters age 13 - adult.

#### **Pre Freestyle Classes**

- Gamma:** Any age who has successfully completed Beta.
- Delta:** Any age who has successfully completed Gamma.

#### **Freestyle Classes**

- Freestyle 1-10:** Any age for advanced/competitive figure skaters who have passed Delta.

### **Please Visit Our, Private, Off-Ice Studio with**

## **Floor Barre, Hip Hop Dance, Funky Ballet Classes, Jazz Class, Yoga Classes & Pilates Fitness Classes Off-ice Jump Classes for Figure Skaters**

All off-ice classes are open to the public. They are open to skaters and non-skaters males and females. There are classes for all levels & ages.